

# Introducing the new WW (Weight Watchers® Reimagined) program:



Experience our most  
customized program  
ever with *myWW*.™

When it comes to losing weight, everyone's needs are different. That's why, **for the first time ever**, WW is offering multiple ways to experience the journey with three different plans: Green, Blue, and Purple.



## 1 program, 3 ways to live it

### Green

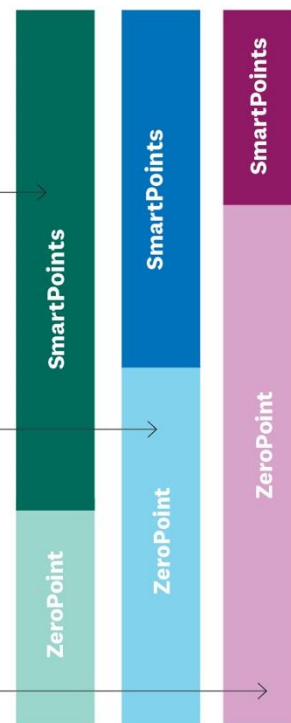
Green has a sizeable SmartPoints Budget and 100+ ZeroPoint foods including fruits and vegetables.

### Blue

Blue has a moderate SmartPoints Budget and 200+ ZeroPoint foods including fruits, vegetables, and lean proteins.

### Purple

Purple has a modest SmartPoints Budget and 300+ ZeroPoint foods including fruits, vegetables, lean proteins, and whole grains.



When you join WW, you'll be matched with a plan that best fits your lifestyle. Current members can choose which plan to continue based on their preferences.

## Get started today!

**Benefits eligible employees and spouses at AdventHealth can join WW at over 50% OFF standard pricing!**

Sign up for WW today by going to [www.employeehealthandwell-being.com](http://www.employeehealthandwell-being.com) and click 'Programs.' Locate the WW section. Once you click onto the Wellness Portal enter **Employer ID: 10290086**

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weightwatchers  
reimagined